

Ruth Martin

ramartin415@gmail
ruthmartinhealthwork.com
415 238 1079

I am a Community Mental Health Worker practicing person centered counseling, seeking employment that allows me to work with others on their personal wellness and recovery journey.

QUALIFICATIONS

Practice in applying cultural humility, harm reduction, client centered counseling, trauma informed care, motivational interviewing, court and mandated reporting, intake assessments, ANSA and treatment planning

Knowledge of Wellness and Recovery Action Plan and the Wellness Dimensions as applied to mental and holistic health practices

Excellent computer literacy, including computer aided design, video editing and website development

Skilled working in multidisciplinary teams under tight deadlines

Knowledge and practice of outreach and de-escalation techniques to at risk populations experiencing debilitating mental health challenges

EDUCATION

City College of San Francisco

Community Mental Health Certificate Dec 2019

Community Health Worker Certificate Dec 2018

General Education Credits May 2007

San Francisco Court Appointed Special Advocate Program Feb 2018

Certificate of Training Completion

The Art Institute of California—San Francisco Mar 2011

Bachelor of Science, Web Design and Interactive Media

Pennsylvania College of Art and Design Sep 2001 - Dec 2003

Coursework in Fine Art and Graphic Design

ABILITIES

Counseling Skills

Group facilitation for crisis intervention, hospice and respite participants

Provide one on one counseling to participants in crisis intervention, respite and hospice care and as needed during outreach

Provide support to participants in common living areas

ABILITIES
(CONT.)

Regular visits with foster youth focused on motivational interviewing, education, tutoring, community involvement and wellbeing

Engaged in various modes of constructive play and conflict resolution with children 0-12 in a childcare setting

Provide goal driven assistance with computer and Internet usage

Communication Skills

Accompany and advocate for residents during appointments and outings

Documentation of participants intake assessments, ANSA evaluations, treatment plan, progress notes and contact with youth's family and care team

Maintain regular contact with case supervisors and care teams

Attend all meetings concerning youth, including CFT and IEP

Draft strengths based court reports to spec and on time to advocate for youth's best interests in court

Attend all court hearings involving youth's case

Trained to provide resident intake interviews and emotional support on crisis hotlines compliant with county and state standards

Leadership & Team Skills

Managed a product team to deliver on details

Aided in team decision making in social work and product design contexts

Produced deliverables on time under tight deadlines

Worked on multiple product teams as needed

Presented to stakeholders and other designers

Took initiative when direction was not available in various work places

WORK HISTORY

Case Manager—Health Worker III Feb 2021 - Present

San Francisco Department of Homelessness and Supportive Housing

Testing Team Staff—Health Worker II Jan 2021 - Feb 2021

San Francisco Department of Public Health—COVID Ops. Testing Team

Crisis Residential Treatment Counselor Feb 2019 - Dec 2021

Progress Foundation—La Posada Program, San Francisco

Court Appointed Special Advocate Volunteer Jul 2018 - Present

SF Court Appointed Special Advocate Program

Street and Facilities Outreach Intern Aug 2019 - Dec 2019

San Francisco Department of Public Health—Assisted Outpatient Treatment

Therapeutic Interaction Program Intern Aug 2018 - December 2018

Maitri Compassionate Care, San Francisco